

19th May, 2025

Dear Parents / Guardians,

Re: Promoting Positivity: EEG X BlessVision School Tour

We are excited to inform you that on the Feast Day of Mary, Help of Christians, the Guidance Team will host an engaging event titled 'Promoting Positivity: EEG X BlessVision School Tour'. This event aims to ease students' academic stress before the final examination and focuses on mental health awareness. Details are as follows:

Date	23 rd May, 2024 (Friday)	
Time	After the Mass until 12:15 p.m.	
Venue	School Hall	
Programme	Fun Mental Health Quiz:	Students will have the opportunity to participate in a quiz and compete against a celebrity team, featuring Gin Lee, Arvin Tsang, Andy Lai and Viva.
	Experience Sharing:	Celebrities will share their personal stories about coping with stress.
	Music Performances:	Enjoy live performances that will uplift and entertain.

Please note that photos will be taken during the event, and these will appear on our school website and social media platforms associated with the celebrities. Students who do not wish to take photos with the celebrities should take seats in the no-photo-taking sections.

Thank you for your attention. We look forward to a wonderful day celebrating both our faith and our commitment to mental health awareness.

For enquiries, please contact the Guidance Mistress Ms NG Kar Wai Vivien at 2546 0117.

(Ms NG Kar Wai Vivien) for Principal



主规划下字

通告第 285 a 號 (24-25)

各位家長/監護人:

促進正能量:EEG X Bless Vision 巡迴心靈音樂會

輔導組將於進教之佑瞻禮日當天舉辦一個名為「促進正能量: EEG X Bless Vision 學校巡演」的精彩活動。此活動旨在減輕學生在期末考試前的學業壓力,並提升學生精神健康意識。活動詳情如下:

日期	2025年5月23日(星期五)	
時間	彌撒結束後至下午 12 時 15 分	
地點	學校禮堂	
内容	精神健康知識答問遊戲	學生將有機會到台上與歌手團隊玩遊戲。歌手團隊包括李 幸倪、曾傲棐、黎展峯及 Viva。
	經歷分享	歌手們將分享他們應對壓力的個人故事。
	音樂表演	歌手現場表演,到台下與同學互動。

活動期間將拍攝照片,這些照片會出現在學校網頁及與當天歌手相關的社交媒體平台上。不欲與歌手拍照的學生應坐在不拍照的區域。

如有任何查詢,請致電 2546 0117 與吳家慧老師聯絡。謝謝。

此致

貴家長

校長 易浩權博士 (吳家慧老師代行)

2025年5月19日