ST. LOUIS SCHOOL Circular No. 299 (24-25)

10th July 2025

Dear Parents/Guardians,

<u>Re: S1 Summer Activities Programme</u>

Extracurricular activity is viewed as an integral part of students' overall development at St. Louis School. To encourage active participation, the school will organize a series of courses for our new Secondary One students during the summer holiday. Each S1 student is required to join at least one program below.

Team	Dates		Quota	Time	Venue
Athletics	5 Aug (Tue) 19 Aug (Tue)	12 Aug (Tue) 26 Aug (Tue)	40	1300 - 1500	St. Louis School Football Pitch
Hockey	2 Aug (Sat) 16 Aug (Sat)	9 Aug (Sat) 23 Aug (Sat)	20	0830 - 1030	St. Louis School Football Pitch
Table Tennis	1 Aug (Fri) 22 Aug (Fri)	8 Aug (Fri) 29 Aug (Fri)	20	1000 - 1200	St. Louis School Indoor Activities Centre (IAC)
Cycling	26 Aug (Tue)	27 Aug (Wed)	20	1000 - 1200	St. Louis School Football Pitch
Basketball	6 Aug (Wed) 20 Aug (Wed)	13 Aug (Wed) 27 Aug (Wed)	15	1000 - 1130	St. Louis School Basketball Court
Handball	1 Aug (Fri) 14 Aug (Thur) 29 Aug (Fri)	8 Aug (Fri) 22 Aug (Fri)	20	1000 - 1130	St. Louis School Football Pitch
Tennis	25 Aug (Mon)	28 Aug (Thur)	15	0930 - 1130	St. Louis School Football Pitch
Football	1 Aug (Fri) 22 Aug (Fri)	8 Aug (Fri) 29 Aug (Fri)	20	1330 - 1500	St. Louis School Football Pitch
Bridge	11 Aug (Mon) 25 Aug (Mon)	18 Aug (Mon)	25	1130 - 1300	St. Louis School Classroom C201

Remarks:

- 1. When there is an oversubscription of a team, the selection will be made by drawing lots.
- 2. Please prepare suitable sportswear, water bottle, towel and extra clothing for changing.
- 3. In the event of public announcements by the Secretary for Education Bureau that all schools are to be closed due to adverse weather conditions, the program on that day will be cancelled.
- 4. Outdoor activities will be held indoor in rainy weathers. All activities will be cancelled if the following is hoisted:
 - a) Tropical Typhoon Signal No.8 or above, or
 - b) Red or Black Rainstorm Signal.

The above sports programme may involve vigorous activities, which requires physical fitness, endurance and stamina from the participants. Due to safety concern, those students who suffer from chronic diseases (e.g. heart diseases, asthma, diabetes or other serious diseases) or are advised by physicians not to perform vigorous exercise are not recommended to take part in the above activities.

All selected participants will be notified via email on or before Friday, 18th July 2025. If you have any enquiries, please contact School Office at 2546 0117.