

Circular No.326 (24-25)

3<sup>rd</sup> July, 2025

Dear Parents/ Guardians,

## RE: Change of Lesson Timetable and Guidelines on Footwear 2025 – 2026

## **A.** Lesson Timetable 2025 – 2026

To echo the principle of 4Rs Charter school (Rest, Relaxation, Relationship and Resilience) and address the mental well-being of students and teachers, we will re-structure our lesson timetable in the coming scholastic year as follows:

Lesson	WINTER TIME	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	SUMMER TIME
	0810 - 0830	Class Teacher Period						0810 - 0830
1	0830 - 0910							0830 - 0905
2	0910 - 0950							0905 - 0940
3	0950 - 1030							0940 – 1015
	1030 - 1055	Recess						1015 – 1030
	1055 - 1100	Preparation of Lessons						1030 – 1035
4	1100 - 1140							1035 – 1110
5	1140 - 1220							1110 – 1145
	1220 - 1335	Lunch						1145 – 1255
	1335 – 1345	Preparation of Lessons						1255 – 1305
6	1345 - 1425							1305 – 1340
7	1425 - 1505							1340 – 1415
8	1505 – 1545							1415 – 1450
	1545 – 1550	Lesson Break*						
9	1550 - 1630	S1 PET*						

<sup>\*</sup>for S1 students only

There are some highlights in the new timetable, namely, **eight 40-minute lessons** on a regular school day and **6-day cycle**. We will extend our **lunch break to 75 minutes** with organized activities and games.

## B. Guidelines on Footwear

In order to offer a set of clear guidelines on color of leather/sports shoes to be worn, we have made slight amendments in the coming school year as follows:

鞋襪務須樸實、整潔,不得標奇立異。不接受船襪。學生可選擇穿:

- 1. 黑色或棕色皮鞋。
- 2. 黑色、白色、灰色或深藍色運動鞋(可多於一種上述顏色),不接受螢光顏 色。

Shoes and socks must be simple and neat, showing no peculiar styles. Boat socks are not accepted. Students may choose to wear:

- 1. Black or brown leather shoes.
- 2. Black, white, gray, or dark blue sports shoes (a combination of these colors is acceptable), but not fluorescent shoes.

Your understanding and cooperation is highly appreciated.

Yours faithfully,

Dr. YICK Ho Kuen Principal