

23rd September, 2025

Dear Parents/Guardians,

RE: WEIGHT MANAGEMENT CLASS

Your son is invited to join the weight management class. This program aims to enhance students' physical capacity, improve body shape, and foster positive attitudes toward exercising.

Details of the training sessions are as follows:

Date	Every Tuesday
	Term 1 (2025): 7/10, 14/10, 21/10, 28/10
	4/11, 11/11, 18/11, 25/11
	2/12
Time & Venue	12:20 p.m. – 13:00 p.m. at SLS Football Pitch/ Covered Playground
Training Fee	Free of charge
Teacher Advisor	Mr. WONG Sung Yan

Remarks: your son may bring sportswear to school and change before and after the training sessions.

Attendance at each training session is required for all participants. Your son's active participation and punctual attendance are highly appreciated. If a student is unable to attend any training session for any reason, they should inform the teacher-in-charge at least one day in advance.

any enquiries, please contact Mr. Wong Sung Yan at 2546 0117. Thank you.

Please sign and return the following reply slip on or before 26th September, 2025 (Friday) Should you have

Mr. Wong Sung Yan
for Principal

Reply slip
Circular No. 074 (25-26)

Re: Weight management class

Dear Principal,

I *allow / do not allow my child ______ of Class _____ (No. _____) to take part in the weight management class.

Signature of Parent/Guardian : _______

Name of Parent/Guardian : _______

Emergency Contact Number : _______

Student's Mobile Number : _______

Date

^{*}Please delete as appropriate

[☆]Please return the reply slip to Mr. Wong Sung Yan on or before 26th September, 2025.